INSTRUCTION TEXT

Have you ever wanted to? Have you wanted to know? Do you want to be able? If so, then......

First of all, you need to Be sure to only...... Avoid...... If you don't have...... then.....

The next step is to ... When you have done this...... Don't forget to and be careful not to

At this point, whilst you are, you need to focus on.... This will take approximately If you find that...... then...

Continue to Stop when..... Use the time you are waiting to

Lastly, Before remember to Concentrate on..... and try to make sure that.....

In the end you should find that



Pick 'n' Mix - Stand out from the crowd!

- First . . .
- First of all . ..
- To start with . . .
- Firstly . . .
- Next . . .
- After . . .
- Afterwards . . .
- After that . . .
- When . . .
- At this point . . .
- Lastly . . .
- Finally . . .

More advanced language constructions

- To begin with . . .
- Begin by . . .
- Secondly . . .
- The next step is to . . .
- Continue by . . .
- Carry on . . .

- Do this until . . .
- Stop when . . .
- When you have done this . . .
- Try to . . .
- Try not to . ..
- Avoid . . .
- Don't forget to . . .
- Be careful of . . .
- Don't worry about . . .
- Concentrate on . . .
- Focus on ...
- Try to make sure that . . .
- Whatever you do, don't . . .
- I would suggest that . . .
- To conclude . . .
- Before . . . remember to . . .
- Whilst you are . . .
- Use the time you are waiting to
- If you find that . . . then . . .
- If . . .doesn't . . .