

Today we have launched our Rainbows of Hope Challenges.

. Rainbows of hope are in all our school badges.

In the last few days of the Spring term, class 2 at St Mary's painted a big rainbow. The children created this using finger paint.

We are using this rainbow as our focal point every day at our child care setting to stop, reflect, focus on Nature and say the Lord's prayer.

It is a time of quiet, just punctuated by bird song, the feel of the breeze and warmth of the sun.

We think about our worries and also our hopes for the future.



The Lord's Prayer

Our Father who art in Heaven
hallowed be thy name.
Thy kingdom come, thy will be done,
on earth as it is in Heaven.
Give us this day our daily bread
and forgive us our trespasses,
as we forgive those who trespass against us.
Lead us not into temptation
but deliver us from evil.
For thine is the kingdom, the power
and the glory, for ever and ever.
Amen

Make sure you build time into your day for quietness, stillness and reflection during these times.



Together we can make a difference.